

ST. PAUL & ST. ANDREW

UNITED METHODIST CHURCH

Join us as we build a
community of radical welcome
that follows Jesus into the
streets of the city to increase
the amount of love and justice
in the world.

K Karpen &
Lea Matthews
Pastors

**Fifth Sunday
after the Epiphany**

February 7, 2021
Online Worship



“They shall run and not grow weary.”

Photo: Jade Palma Gil

Sunday, February 7, 2021

Prelude

Frank Glass

Beautiful Treasure / Charlestown 8.7

Welcome

SPSA Kids Connect

Call to Worship

by Safiyah Fosua,
based on Isaiah
40:21-31

K Karpen, Jessie Floyd

One: They that wait upon the Lord shall renew their strength

Many: Lord, we wait patiently in your presence.

One: They that wait upon the Lord shall renew their strength.

**Many: God gives power to the faint and strength
to those without power.**

One: Lift us up.

Many: Lift us up!

One: Make us strong.

Many: Make us strong!

One: Help us walk.

Many: Help us run! Make us fly!

All: They that wait upon the Lord shall renew their strength.

Lord, we come to wait in your presence.

Opening Hymn

Teach Me Lord To Wait (pg. 5)

Opening Prayer

by Rev. Kaji Douša

Aya Yabe

Prayer Song

By Gracious Powers (pg. 5, v. 1-2)

Scripture

Micah McCann-Moina, Jessica Tulloch

Isaiah 40:21-31 (pg. 4)

Homily

Lea Matthews

“Recovering From Spiritual Amnesia”

Sermon Song

On Eagle’s Wings (pg. 6)

Morning Prayer

The Lord’s Prayer

Carter Snyder-Samuelson

Our God, who art in heaven, hallowed be Thy name. Thy kin-dom come, thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For Thine is the kin-dom and the power and the glory forever. Amen.

Prayer Song	By Gracious Powers (pg. 5, v. 3-4)
Offering	TL Clark Guest Of tithes, gifts, and prayers
Offertory	Robin Bahr, Frank Glass, Jeff Neiblum, Brent Ness, Esther Ready, Barb Rhodes, Jane Williams The Good Old Way
Great Thanksgiving & Holy Communion	Lea Matthews, Jenna Johnson
Response	Robin Bahr-deStefano, Frank Glass Shalom To You
Feb 14 Preview	K Karpen
Benediction	Lea Matthews
Postlude	Frank Glass O Thou, In Whose Presence My Soul Takes Delight
Hymn Leaders	Robin Bahr, Frank Glass, Ken Guest, K Karpen, Brent Ness, Jeff Neiblum, Esther Ready, Barb Rhodes, Jane Williams
Audio	David Richards
Video & Editing	Harry Karpen

Prayer Requests, Connect & Care Groups

To make a prayer request or join a Connect & Care Group, visit our website,
stpaulandstandrew.org/stay-connected

Supporting Our Ministries

We hope that you enjoyed our service. Please help us continue to offer meaningful virtual worship and essential services by donating at stpaulandstandrew.org/give or by texting (646) 971-9400

Reading from Isaiah 40: 21-31

- ²¹ Have you not known? Have you not heard?
Has it not been told you from the beginning?
Have you not understood from the foundations of the earth?
- ²² It is he who sits above the circle of the earth,
and its inhabitants are like grasshoppers;
who stretches out the heavens like a curtain,
and spreads them like a tent to live in;
- ²³ who brings princes to naught,
and makes the rulers of the earth as nothing.
- ²⁴ Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,
when he blows upon them, and they wither,
and the tempest carries them off like stubble.
- ²⁵ To whom then will you compare me,
or who is my equal? says the Holy One.
- ²⁶ Lift up your eyes on high and see:
Who created these?
He who brings out their host and numbers them,
calling them all by name;
because he is great in strength,
mighty in power,
not one is missing.
- ²⁷ Why do you say, O Jacob,
and speak, O Israel,
“My way is hidden from the LORD,
and my right is disregarded by my God”?
- ²⁸ Have you not known? Have you not heard?
The LORD is the everlasting God,
the Creator of the ends of the earth.
He does not faint or grow weary;
his understanding is unsearchable.
- ²⁹ He gives power to the faint,
and strengthens the powerless.
- ³⁰ Even youths will faint and be weary,
and the young will fall exhausted;
- ³¹ but those who wait for the LORD shall renew their strength,
they shall mount up with wings like eagles,
they shall run and not be weary,
they shall walk and not faint.

Teach Me Lord To Wait

Those who wait on the Lord shall re - new their strength; they shall mount up on wings, - as
 ea - gles. They shall run and not be wea - ry, they shall
 walk and not faint. Help us, Lord; help us, Lord, on our way.

Stuart Hamblen, 1953

Stuart Hamblen, 1953

By Gracious Powers

1. By gra - cious pow'rs so won - der - ful - ly shel - tered, and con - fi - dent - ly wait - ing, come what
 2. Yet is this heart by its old foe tor - ment - ed, still e - vil days bring bur - dens hard to
 3. And when this cup you give is filled to brim - ming with bit - ter sor - row, hard to un - der -
 4. Yet when a - gain in this same world you give us the joy we had, the bright - ness of your
 may, we know that God is with us night and
 bear. O give our fright - ened souls the sure sal -
 stand, we take it thank - ful - ly and with - out
 sun, we shall re - mem - ber all the days we
 morn - ing, and nev - er fails to greet us each new day.
 va - tion, for which. O Lord, you taught us to pre - pare.
 trem - bling, out of so good and so be - loved a hand.
 lived through, and our whole life shall then be yours a - lone.

Dietrich Bonhoeffer, 1944

Translated by Fred Pratt Green, 1972

Charles H.H. Parry, 1904

On Eagle's Wings

And God will raise you up on ea - gle's wings, bear you on the breathe of dawn,
And God will raise us up on ea - gle's wing, bear us on the breathe of dawn,
make you to shine like the sun, and hold you in the palm of God's hand.
make us to shine like the sun, and hold us in the palm of God's hand.

Words and Music: Michael Joncas, 1979

Shalom to You

Sha-lom to you now, sha-lom, my friends. May God's full mer - cies
— bless you, my friends. In all your liv - ing and through your
lov - ing, Christ be your sha - lom, Christ be your sha - lom.

Elise Eslinger, 1980

Traditional Spanish Melody
Harmonized by Carlton Young, 1989

Joys & Concerns

Joy & Thanksgiving

For healing and recuperation
Our furry friends
Today's worship
Joy for Linda's retirement from
United Methodist
Communications
Connect and Care and the
friendship and support it brings
Annah H's birthday

Health/ Healing

Ressie, out of the hospital, and
now in rehab
Continued prayers for Erna and
Sam
Zachary, as he finds his way
forward
Natalie
Laura
Noah
Pam, healing and recovery
Pat, battling leukemia, and her
positive attitude in the midst of
ongoing hospital visits
Those going through mental
crises
Our spiritual well-being
Greg, with a possible heart
conditioned, being monitored
MC's great nephew, Taylor,
having a hard time with
chemotherapy
John, struggling with mental
health issues, and his
daughter, Sophie
Students returning to campuses;
that they stay well
Lea's niece, Owen
David W
Lilo, getting ready for a 4th back
surgery
For Clem, Jesus and Jorge,
members of Julie's prison
project, ill and isolated

Covid-19

Carolyn, isolated and now
receiving treatment at a
hospital
Connie's friend Matt who's in the
hospital with COVID
Natalie
For patients and their families
unable to visit each other due
to COVID
Harry's Aunt Melly who was
exposed to COVID; for ease of
anxiety and stress around
quarantine
People trying to get appointments
for the vaccine

Comfort

Gratitude for the life of Karen's
mother, Mary-Elizabeth Collins,
and prayers for her family as
they grieve her passing and
celebrate her life
Sally Askew whose only child,
Dennis, died unexpectedly of a
heart attack; and for all parents
whose children predecease
them
Marianne's friend Karen who lost
her mother

Peace & Justice

The new administration, that they
may govern wisely
Violence against women
Prayers for our nation
For a Christian Nurse in Pakistan,
beaten and falsely accused of
blasphemy by other hospital
staff, requiring police
intervention, followed by going
into hiding with family.
That state legislators in AZ and
SC stop fanning the flames of

lies, hate, and violence
Prayers that each of us during
Black History Month recommit
ourselves to undoing racism
and working for racial justice

Work and Life

Mari, that she gets the comedy
writing job she wants
Joy Floyd, adapting to her new
living arrangement in memory
care residence
Our older parents who are feeling
isolated
Older adults in our neighborhood
Those returning to teach in
classrooms
For students returning to school
and campuses
Stepping up to new opportunities
Linda's son, Jack, as he moves
into his new apartment
Peter and his work in the
community
Focus and a good attitude for
Jessie as she starts her final
college semester
Debate over opening/closing
schools
Prayers that the creation and
spread of disinformation stops
That love can triumph over
bullying, anger, and meanness
in families who disagree
politically
For local churches in Pakistan to
better equip their members to
live safely in Muslim
communities

Who's Who

Pastors

Rev. Dr. K Karpen
Rev. Lea Matthews

Minister of Music

Dr. Frank Glass

Artists-in-Residence

Jane Williams
David Richards

Youth Director

Carter Snyder-Samuelson

Lay Servants

Nancy Meyers,
Alicia Pitterson,
Shakeel Samuel

Director of Operations

Brent Ness

Bookkeeper

Jennifer Serrano

Theater Manager/ Compliance Officer

Michelle Navis

Building Superintendent

Danny Aponte

Security / Custodians

Robert Harris, Ken Lucian,
Hector Pagan, Jay Torres

Video Editor

Harry Karpen

Audio Engineer

David Richards



stpaulandstandrew.org



info@stpaulandstandrew.org



/stpaulandstandrew



/stpaulandstandrewnyc



@stpaulandstandrewnyc

Music Notes

Prelude: Beautiful Treasure / Charlestown. 8.7

Music: *Beautiful Treasurer* - from the Shaker Community at Canterbury, NH (1849) /
Charlestown 8.7 - American Folk Tune from "The Southern Harmony and Musical
Companion (1854); arr. by Frank Glass (2021)

Public Domain; arr. used with permission

Teach Me, Lord, To Wait (Those Who Wait On the Lord)

Words: Stuart Hamblen (1953)

Music: THEY THAT WAIT Stuart Hamblen (1953)

© 1953, 1981 Hamblen Music, admin by ClearBox Rights, LLC

Used with permission under CCLI license #3560412. All rights reserved.

By Gracious Powers

Words: Dietrich Bonhoeffer (1944), tr. Fred Pratt Green (1972)

Music: INTERCESSOR Charles Hubert Hastings Parry (1904)

Translation © 1974 Hope Publishing Co.

Used with permission under ONE LICENSE # A-734619. All rights reserved.

On Eagle's Wings

Words: Michael Joncas (1979)

Music: ON EAGLE'S WINGS Michael Joncas (1979)

© 1979 OCP Publications

Used with permission under ONE LICENSE # A-734619. All rights reserved.

Offertory: The Good Old Way

Words: From David Mintz, *The Spiritual Song Book* (1805)

Music: From *Manx National Songs* (1896), arr. by The Watsons (1975);
arr. a wee bit more by Frank Glass (2021)

Response: Shalom To You

Words: Elise S. Eslinger (1980)

Music: SAMOS DEL SEÑOR Trad. Spanish, arr. Carlton R. Young

Words (1983) © & Harmony (1989) ©The United Methodist Publishing House

Used with permission under ONE LICENSE # A-734619. All rights reserved.

Postlude: O Thou, In Whose Presence My Soul Takes Delight

Music: DAVIS from Wyeth's *Repository of Sacred Music, Part Second*" (1813);
harm. by Austin Lovelace (1963)

Harm. © 1964 Abingdon Press