

ST. PAUL & ST. ANDREW

UNITED METHODIST CHURCH

Join us as we build a
community of radical welcome
that follows Jesus into the
streets of the city to increase
the amount of love and justice
in the world.

K Karpen
Lea Matthews
Andrea Steinkamp
Pastors

**Third Sunday
After Epiphany**

January 21, 2024
11:00 a.m.



A swinging time was had by all at Faith & Fun Friday!

Sunday, January 21, 2024 ♦ 3rd Sunday After Epiphany

♦ *Please rise in body or spirit*

Prelude	Frank Glass Softly and Tenderly by Will Thompson (1880), arr. by Frank Glass (2012)
Introit	The Lone, Wild Bird (pg. 4, v. 1,2)
Call To Worship ♦ From Psalm 139	Amanda Munroe God, you have searched me, and you know me; You know when I sit down, and when I rise up; You discern my thoughts from afar, And are acquainted with all my ways. Even before a thought is on my mind, You know it completely. Come to us now, know us, love us, And shower your people with your blessings.
Opening Hymn (400)♦	Come, Thou Fount of Every Blessing (pg. 5, v. 1,2)
Opening Prayer	Amanda Munroe
Prayer Song	Come, Thou Fount of Every Blessing (pg. 5, v. 3)
Scripture	Pearl Vercruyse Jonah 1: 1-3; 3: 1-10 (pg. 4)
Message for All Ages	Andrea Steinkamp <i>Youth & kids are invited up front to the chancel. After the scripture, kids 10 and under are invited to Sunday School in the Chapel.</i>
Scripture Song (344)	Lord, You Have Come to the Lakeshore (pg. 6, v. 1,2)
Gospel Reading ♦	Annah Heckman Mark 1: 14-20 (pg. 5)
Gospel Song ♦	Lord, You Have Come to the Lakeshore (pg. 6, v. 3,4)
Sermon	K Karpen “Called Out of Ourselves”
Sung Response	Would I Have Answered? (pg. 7, v.1-2)

Morning Prayer
Lord's Prayer

Ekama Eni
Please see pg. 7

Prayer Song

The Lone, Wild Bird (pg. 4, v. 5)

Welcome
Introduction of Pearl
Passing the Peace

Aurora Celestin
Please greet those right around you with 'Peace be with you'.

Peace Song

Siyahamba! (South African freedom song)
Siyahamb' ekukha nyen quen kos
We are marching in the light of God
Marcharemos en la luz de dios

Love in Action

Lea Matthews (pg. 12)

Offertory
Offering

Of tithes, gifts, prayers, and pledges for 2024 (pg. 9,12)

Chancel Choir

Come, Ye Sinners, Poor and Needy from William Walker's
Southern Harmony (1845) arr. by Frank Glass (2024)

Scan the QR code
or text "Give" to
646-971-9400



Prayer of Gratitude

Melanie Baker

Closing Hymn ♦

Would I Have Answered? (pg. 7, v. 4-5)

Benediction ♦

K Karpen

Postlude

Frank Glass

Stepping in the Light by William Kirkpatrick (1917)

Livestream **Brent Ness** (director), **Chaz Pittman/Red Gate Sound** (video)

Audio **Hector Pagan**

Counters **Linda Bloom, Connie Coddington**

Greeters **Cheryl Melchiorre, Shirley Struchen**

Childcare **Al-Naima Finch**

Childcare (ages 1-3) is available in the Parlor.



Welcome!

If you are new to our community, we'd love to keep in touch, and invite you to fill out a Connect Card at the Welcome Table, or scan this QR code to complete a Connect Card online. Thank you for joining us today!

The Lone, Wild Bird



1. The lone, wild bird in lofty flight is still with thee, nor leaves thy
2. The ends of earth are in thy hand, the sea's dark deep, and far-off
5. O search me, God, my heart reveal. Re-new my life, my spirit



sight. And I am thine, I rest in
land. And I am thine, I rest in
heal. For I am yours. I rest in



thee. Great Spirit, come and rest in me.
thee. Great Spirit, come and rest in me.
you. Great Spirit, come. Rest in me, too.

Henry Richard McFayden, 1925
Marty Haugen, 1991

American Folk Tune
In William Walker's *The Southern Harmony*, 1835

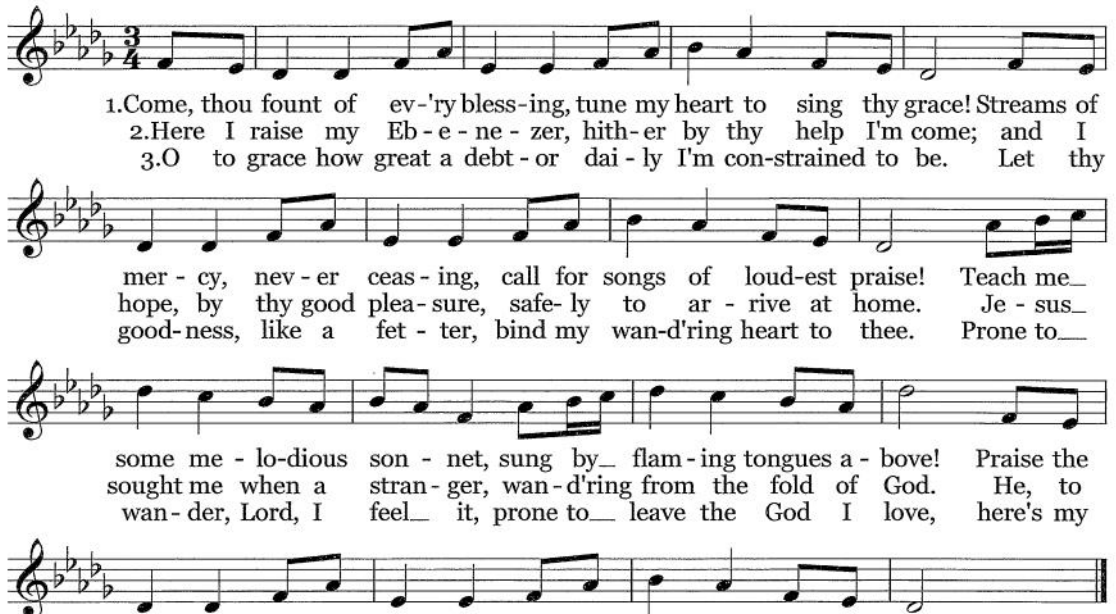
Scripture Reading: Jonah 1:1-3; 3:1-10

1 Now the word of the LORD came to Jonah son of Amittai, saying, 2 “Go at once to Nineveh, that great city, and cry out against it, for their wickedness has come up before me.” 3 But Jonah set out to flee to Tarshish from the presence of the LORD. He went down to Joppa and found a ship going to Tarshish; so he paid his fare and went on board, to go with them to Tarshish, away from the presence of the LORD...

3 The word of the LORD came to Jonah a second time, saying, 2 “Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you.” 3 So Jonah set out and went to Nineveh, according to the word of the LORD. Now Nineveh was an exceedingly large city, a three days’ walk across. 4 Jonah began to go into the city, going a day’s walk. And Jonah cried out, “Forty days more, and Nineveh shall be overthrown!”

5 And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth. 6 When the news reached the king of Nineveh, he rose from the throne, removed his robe, covered himself with sackcloth, and sat in ashes. 7 Then the king had a proclamation made in Nineveh: “By the decree of the royal court: No human or animal, no herd or flock, shall taste anything. They shall not feed, nor shall they drink water. 8 Humans and animals shall be covered with sackcloth, and they shall cry mightily to God. All shall turn from their evil ways and from the violence that is in their hands. 9 Who knows? God may relent and change God’s mind; God may turn from fierce anger, so that we do not perish.” 10 When God saw what they did, how they turned from their evil ways, God changed God’s mind about the calamity decreed against them, and did not do it.

Come, Thou Fount of Every Blessing



1. Come, thou fount of ev-'ry bless-ing, tune my heart to sing thy grace! Streams of
2. Here I raise my Eb - e - ne - zer, hith-er by thy help I'm come; and I
3. O to grace how great a debt - or dai - ly I'm con - strained to be. Let thy

mer - cy, nev - er ceas - ing, call for songs of loud-est praise! Teach me
hope, by thy good plea - sure, safe - ly to ar - rive at home. Je - sus
good-ness, like a fet - ter, bind my wan-d'ring heart to thee. Prone to

some me - lo-dious son - net, sung by flam - ing tongues a - bove! Praise the
sought me when a stran - ger, wan - d'ring from the fold of God. He, to
wan - der, Lord, I feel it, prone to leave the God I love, here's my

mount, I'm fixed up - on it, mount of thy re - deem-ing love!
res - cue me from dan - ger, in - ter - posed his pre - cious blood.
heart. O take and seal it, seal it for thy courts a - bove.

Robert Robinson, 1758

Wyeth's *Repository of Sacred Music, Part Second*, 1813

Gospel Reading: Mark 1:14-20

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent and believe the good news."

As Jesus passed along the Sea of Galilee, he saw Simon and his sibling Andrew casting a net into the sea to catch fish. Jesus said to them, "Follow me and I will get you to fish for people." And immediately they left their nets and followed Jesus.

As Jesus went a little farther, he saw James the child of Zebedee and his sibling John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired hands, and they, too, followed Jesus.

The Word of God for the people of God **thanks be to God!**

Lord, You Have Come to the Lakeshore



1. Lord, _____ you have come to the lake - shore, _____ look - ing nei - ther _____
2. You _____ know so well my pos - ses - sions; _____ my boat car - ries _____



_____ for weal - thy or wise ones. _____ You on - ly ask me _____ to fol - low hum - bly.
_____ no gold and no wea - pons. _____ You will find there _____ my nets and la - bor.



_____ O Lord, _____ with your eyes you have searched me _____ and, while smi - ling,
_____ O Lord, _____ with your eyes you have searched me _____ and, while smi - ling,



_____ have spo - ken my name. _____ Now my boat's left _____ on the shore - line be
_____ have spo - ken my name. _____ Now my boat's left _____ on the shore - line be



hind me. _____ By your side, _____ I will seek oth - er seas. _____
hind me. _____ By your side, _____ I will seek oth - er seas. _____

3. You need my hands, full of caring, through my labors, to give others rest and constant love that keeps on loving. *O, Lord, you have . . .*

4. You, who have fished other oceans, ever longed for by souls who are waiting, my loving friend, as thus you call me. *O, Lord, you have . . .*

Trans. by Gertrude Suppe, George Lockwood,
and Raquel Gutierrez-Achon, 1987

Cesareo Gabaraín, 1987

Would I Have Answered?



1. Would I have an-swered when you called, "Come, fol-low, fol-low me"? Would
2. Would I have fol-lowed where you led through an-cient Gal-i-lee on_
4. O___ Christ, I can-not search my heart through all its tan-gled ways, nor_
5. And_ as we all pre-pare to rise and_ go a-bout our lives, may



I, at once, have left be-hind both work and fam-i-ly? Or_ would the old_ fam
roads un-known, by ways un-tried, be-yond se-cur-i-ty? Or_ would I soon have
can I with a cer-tain mind my stead-fast-ness ap-praise. I_ on-ly pray that,
we then dare to be a-ware, on a chance your call ar-rives. And help us then to



i-liar round have_ held me_ by its chain and_
hur-ried back where home and_ com-fort drew, where
when you call, "Come, fol-low, fol-low me!" you'll_
com-pre-hend the_ needs that_ come to view, so that



kept the spark with-in my heart from burst-ing in-to flame?
truth you taught would not dis-turb the_ or-dered world I knew?
give me strength be-yond my own to_ fol-low faith-ful-ly.
on that day_ and_ in that way we may fol-low, fol-low you.

Words: Herman Stuempfle Jr., 1997 (Verse 5 by K Karpen, 2024)

Music: Traditional English Melody

The Lord's Prayer

**Our God who art in heaven, but whom we know on earth,
your very name is precious to us.**

May your kin-dom come to us;

May your will be done by us, on earth, as your angels hasten to do it in heaven.

Give us today the food we need,

but let us not eat until we know that those around us have food as well.

Forgive us our sins and shortcomings,

but not before we forgive in our hearts those who have disrespected and disappointed us.

Do not lead us into situations that tempt us to be less than ourselves,

but call us to defy evil in our nation and world.

For thine is the kin-dom and the power and the glory forever. Amen!

“Love In Action” Pledge Campaign for 2024

Thank you for prayerfully considering your support of the ministry at St. Paul & St. Andrew. We invite you to make a pledge of time and treasure for the coming year by completing a pledge card and placing it in the donation boxes by the front or rear entrance, or by visiting stpaulandstandrew.org/pledge and making your pledge online. Our community goal for 2024 is 100 pledges, an increase of 23 pledges from 2023. **We’ve already surpassed the total amount pledged in 2023 by \$57,000!** Every pledge makes a difference!

Thank you to those who’ve made their 2024 pledges:

Felinda Austria,
Robin Bahr deStefano,
Melanie Baker,
Jeff & Kate Baum,
Courtney Behm,
Bruce Bergquist,
Linda Bloom,
Kathy Burkett & Peter Arndtsen,
Aimee Chang,
Ann Civan,
Victoria Clark,
Connie Coddington,

Karen Collins & David Wildman,
Lizbee Collins-Woodfin,
Mary Beth Coudal,
Bill Crawford & Julie Faith Parker,
Erna Weber Daniel,
Cindy Danza,
Robert Deknatel,
Stephanie Douglas,
Betty Ann Driver,
Mark Duffy,
Colleen Eng & Michael Morgan,
Bonita & Randy Enochs,
Karen Erren,
Charles Flickinger,
Melinda Floyd,
Roseann & John Forde,
Margery Freeman & David Billings,
Jody Friedow,
Amy Jo Frischling,
Kate Gill,
Chris & J.J. Grabenstein,
Jo Goodson & John Tiedemann,
Peggy Griffin-Jackman & Ron Jackman,
Ken Guest,
Megan Hale,
Robert Harris,
Mary Ingram,
Linda Johnson,
K Karpen & Charlene Floyd,
Mark & Mary Ellen Kris,
Ping Kwan,
Faith Lamb-Parker,
Brooke & Simeon Law,
Gina Leonetti,
Betty Letzig,
David Lull,
Raymond Lund,
Betsy Lunt,

Jessica May,
Marianne McClure,
Arthur McLean & Rodney Brown,
Mary McMurtery,
Jim & Cheryl Melchiorre,
Nancy Meyers,
Carla Mikell,
Alicia Miller Pitterson,
Marybeth Murphy,
Kristine Nevins,
June Niklus,
Dorothy O’Hanlon,
Sandy Owen Polese,
Jim & Susanne Paul,
Sandra Owen Polese,
Susan & Jon Pohlmann,
June & Steve Quarfordt,
Gary & Edee Rae,
Justin & Kristin Rae,
Esther Ready,
Barbara Rhodes,
Cynthia Roney,
Cynthia Round,
Pat Schlegel & A.J. Bosco,
Margaret Schramm Horn & Dawson Horn,
Andrea & Neil Steinkamp,
Bob Steinkamp,
Shirley Struchen,
Gisela Szurgot,
Immanuel & Yuling Tan,
Natolyn Tapscott,
Meryl Joy Thomason,
Julia & Ken Tulloch,
Kay Wenzel,
Insook Won,
Aya Yabe

**...List in formation
86 pledges for \$402,714**



Prayer requests

Scan this QR code to share your joys and concerns, or write them on the back of a Connection Card available at the Welcome Tables. Each week, our staff prays for our community and invites prayers from all. If you do not wish for your prayer to be shared with the church community, please indicate your desire with your prayer.

Joys & Concerns

Joy & Thanksgiving

Mary McM, thanksgiving for float therapy and the relief it brings from the physical/psychological/emotional toll of trauma, stress, and anxiety.

Gratitude for Arelis F and La Iglesia del Pueblo who are organizing a Spanish-Speaking service at SPSA! Insook, for her move to a new home.

Our C & C groups.

Health & Healing

Kathryn DeL, continued prayers as she still fights a nasty virus.

Ongoing prayers for Keyona W & her continued struggle with colon cancer.

Gina's cousin Tina C. recently diagnosed with cervical cancer and starting chemo next week.

Alicia, for healing prayers for Suzie's husband Jose.

Relief for all suffering from coughs & Covid; & our community during this time of winter sicknesses.

For a successful surgery and a return to sustainable good health for Marty & Jory's dear friend Cheryl

Healing for Megan's mom, Diane. Dorothy O'H, for healing and for the doctors and technicians handling her treatments.

David as he recovers from his fall and for Marianne as she supports him.

Jan, in preparation for upcoming surgery and for recovery.

Nancy, who suffered a traumatic brain injury following a fall and for her young adult children supporting her care team.

Comfort

Comfort and support for all facing eviction on Tuesday, that they may find safe housing, and may the City figure out better ways of welcoming migrants into our communities.

Continued prayers for the Law family, Brooke, Simeon, Elijah and Jacqueline, as they mourn the death of Brooke's mother.

Ongoing prayers for Jo & John and their family mourning the loss of Jo's brother, Wilson.

Continuing prayers for Elizabeth D For the family of Mary B.

For nephew Paul W.

Kate's friend, Tara and family.

Ron B, continued prayers on the death of his father.

Family and friends of John D as they mourn his niece, Kerry.

Comfort and support for all selling candy on trains & street corners - may they be Angels in Disguise!

Connie, Jan's sister, to experience ease and grace.

Work & Life

Aurora's sister Courteney's grad school applications that she sent out, that she has good results.

Aurora and her peers in the Black Women's Caucus at Union, that they can hold space for each other and other black women in their community in light of the aftermath following the resignation of Claudine Gay from Harvard and Bonnie Candia-Bailey's recent suicide (VP of Student Affairs at Lincoln University).

Continued prayers for Mary and John and the whole UNLV

community and Las Vegas as they come back to work in-person on campus in the New Year and find new ways of being together.

Ongoing prayers for Will, wife Rebecca, and their kids Vida, Desi, and baby on-the-way, as they live "across the pond" from each other for several weeks until their new baby comes.

For Benz and her work at the border.

Peace & Justice

For people suffering from war and tragedy in the Middle East, Ukraine and Japan.

Prayers for refugees here and around the world.

For a humane policy for the migrants in our city.

For an immediate ceasefire in Gaza and in the Middle East.

An end to ethnic cleansing and genocide anywhere it is happening.

For the end of violence and suffering in the Israel and Palestine; and all those around the world feeling hopeless as to how to end the carnage.

The U.N., their shelters, and all of the doctors providing care in Israel and Gaza.

Peace and understanding in the U.S. among people of all faiths. Intentional prayers that we may all be able to look through other lens in time of strife and war.

Gaza, Israel, Ukraine, Afghanistan, all suffering places around world.

For an end to violence in our city.

Sunday Worship Last Week



Homework Help/English Conversation Help on Wednesday



Faith & Fun Friday



Who's Who

Pastors

Rev. Dr. K Karpen*
Rev. Lea Matthews*
Andrea Steinkamp*

Director of Operations

Brent Ness*

Building Superintendent

Danny Aponte*

Minister of Music

Dr. Frank Glass*

Youth & Campus Pastor

Ekama Eni*

Seminary Interns

Aurora Celestin, Pearl Vercruysse

Bookkeeper

Jennifer Serrano*

Building Project Coordinator

Christopher Trombley

Security / Custodians

Robert Harris, Revelle Harper,
Ken Lucian, Hector Pagan,
Stephen Yee


Hospitality Coordinator


Al-Naima Finch*


Lay Servants

Nancy Meyers, Alicia Pitterson
Shakeel Samuel

* email our staff [first name]
@stpaulandstandrew.org


 263 W 86th St, NYC 10024

 www.stpaulandstandrew.org

 info@stpaulandstandrew.org

 youtube.com/stpaulandstandrew

 facebook.com/stpaulstandrew

 instagram.com/stpaulstandrew

Putting Love in Action

Membership Class Our next New Members Class will take place today at 12:30pm. It's a great way for you to get to know St. Paul & St. Andrew and for us to get to know you better. Bring your questions and curiosities and wonderings! New members will be received the following Sunday, on January 28th during worship service at 11 am. Please RSVP to Pastor Lea*

Winter Bible Study (Thu. Jan 25 & Feb 1 at 6:30pm), following each week's readings, led by K, on Zoom. Join us! Meeting ID 87622803411 Passcode: 667311

A Spiritual Call and Response for Palestine: January 30th at 6:30pm
A prayer and action service for the World Day of Prayer, written by a group of Palestinian Christian women, bringing attention to the women of Palestine and the realities of their lives.

We'll hear a reflection from the Christmas Solidarity Delegation, a multi-national and ecumenical group of faith leaders who journeyed to Palestine over Christmas to be with Christians and to meet with others who are suffering in Israel & Palestine. David Wildman, Liaison to the United Nations for the Middle East, will share. We'll sing, pray, listen, learn, and pay attention to where the Spirit is calling us to action. For those joining in-person, there will be refreshments and a time for Q&A with David following the program.

Shrove Tuesday Pancakes at the Parsonage! Join us on February 13th, 6pm on, at K & Charlene's home, 550 West End Avenue for a traditional pancake supper.



Gifts & Offerings

If you would like to make a contribution, visit stpaulandstandrew.org/give, scan the QR code, or text the amount of your donation to 646-971-9400. Gifts can also be placed in the donation boxes at the Welcome Tables.

Please consider a special gift today for Human Relations Day, one of the UMC's special Sundays (online: select #3 Human Relations Day). HMD supports programming that changes lives through social justice ministries and outreach.

Ongoing Programs

Chancel Choir meets each Sunday at 10am. See Frank for details.

Campus Ministry meets each Monday, 7pm at Broadway Presbyterian (114th). Email Ekama* for additional details.

Pajama Prayers our Tuesday prayer gathering on Zoom at 7:30am. Come as you are with whatever is on your heart. Meeting ID : 831 7700 2923 Phone: 646-931-3860

Pilates with Nancy a strengthening & stretching class on Zoom, Thursdays, 6pm. Email Brent* for details.

Kids & Families Email Pastor Andrea* for details on upcoming gatherings.

Youth Group Email Pastor Ekama* for details on upcoming gatherings.

Young Adults Email Pastor Andrea* for details on upcoming gatherings.

Volunteer Opportunities

Assisting Our New Neighbors Sign up to help with Miracle Monday via Lotsa Helping Hands (tinyurl.com/4et6b662). Accepting clothing next Sunday (Jan. 21)

Homework Help Tutoring Wednesday evenings (6-7pm). We are working with many new arrivals, and we could use your help. Please see Charlene (charlenefloyd@aol.com)

West Side Campaign Against Hunger emergency food pantry based at the church is looking for volunteers. Sign-up through New York Cares or email volunteer@wscah.org. Contributions can be made at www.wscah.org/donate